

STEP THERAPY PROGRAMS

How do I request an exception to the Ultimate Health Plans' Formulary?

You can ask Ultimate Health Plans to make an exception to our coverage rules. There are several types of exceptions that you can ask us to make.

- You can ask us to cover your drug even if it is not on our formulary. If approved, this drug will be covered at a pre-determined cost-sharing level, and you would not be able to ask us to provide the drug at a lower cost-sharing level.
- You can ask us to cover a formulary drug at a lower cost-sharing level if this drug is not on the specialty tier. If approved this would lower the amount you must pay for your drug.
- You can ask us to waive coverage restrictions or limits on your drug. For example, for certain drugs, Ultimate Health Plans limits the amount of the drug that we will cover. If your drug has a quantity limit, you can ask us to waive the limit and cover a greater amount.

Generally, Ultimate Health Plans will only approve your request for an exception if the alternative drugs included on the plan's formulary, the lower cost-sharing drug or additional utilization restrictions would not be as effective in treating your condition and/or would cause you to have adverse medical effects.

You should contact us to ask us for an initial coverage decision for a formulary, or utilization restriction exception. **When you request a formulary or utilization restriction exception you should submit a statement from your prescriber or physician supporting your request.** Generally, we must make our decision within 72 hours of getting your prescriber's supporting statement. You can request an expedited (fast) exception if you or your doctor believe that your health could be seriously harmed by waiting up to 72 hours for a decision. If your request to expedite is granted, we must give you a decision no later than 24 hours after we get a supporting statement from your doctor or other prescriber.

Your prescriber must submit a statement supporting your coverage determination or exception request. In order to help us make a decision more quickly, you should include supporting medical information from your prescriber when you submit your exception request.

What if I have additional questions?

You can call us at: 1-800-311-7517 (seven days a week, 24 hours a day) if you have any additional questions. If you have a hearing or speech impairment, please call us at TTY 1-866-706-4757.

ANTIDEPRESSANTS - sCORE

Products Affected

- APLENZIN TABLET EXTENDED RELEASE 24 HOUR 174 MG ORAL
- APLENZIN TABLET EXTENDED RELEASE 24 HOUR 348 MG ORAL
- APLENZIN TABLET EXTENDED RELEASE 24 HOUR 522 MG ORAL
- DESVENLAFAXINE ER TABLET EXTENDED RELEASE 24 HOUR 100 MG ORAL
- DESVENLAFAXINE ER TABLET EXTENDED RELEASE 24 HOUR 50 MG ORAL
- EMSAM PATCH 24 HOUR 12 MG/24HR TRANSDERMAL
- EMSAM PATCH 24 HOUR 6 MG/24HR TRANSDERMAL
- EMSAM PATCH 24 HOUR 9 MG/24HR TRANSDERMAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 120 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 20 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 40 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 80 MG ORAL
- FETZIMA TITRATION CAPSULE ER 24 HOUR THERAPY PACK 20 & 40 MG ORAL

Details

Criteria	Trial of two generics of the following formulary products: bupropion, mirtazapine, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine. Approve for continuation of prior therapy.
-----------------	--

ARCAPTA - sCORE

Products Affected

- ARCAPTA NEOHALER CAPSULE 75
MCG INHALATION

Details

Criteria	Trial of Serevent
-----------------	-------------------

ATYPICAL ANTIPSYCHOTICS - sCORE

Products Affected

- CAPLYTA CAPSULE 42 MG ORAL
- FANAPT TABLET 1 MG ORAL
- FANAPT TABLET 10 MG ORAL
- FANAPT TABLET 12 MG ORAL
- FANAPT TABLET 2 MG ORAL
- FANAPT TABLET 4 MG ORAL
- FANAPT TABLET 6 MG ORAL
- FANAPT TABLET 8 MG ORAL
- FANAPT TITRATION PACK TABLET 1 & 2 & 4 & 6 MG ORAL
- VRAYLAR CAPSULE 1.5 MG ORAL
- VRAYLAR CAPSULE 3 MG ORAL
- VRAYLAR CAPSULE 4.5 MG ORAL
- VRAYLAR CAPSULE 6 MG ORAL

Details

Details	
Criteria	Trial of two of the following generic formulary atypical antipsychotic agents: aripiprazole, olanzapine, paliperidone, quetiapine, risperidone, ziprasidone. Approve for continuation of prior therapy.

FILGRASTIM - sCORE

Products Affected

- GRANIX SOLUTION 300 MCG/ML SUBCUTANEOUS
- GRANIX SOLUTION 480 MCG/1.6ML SUBCUTANEOUS
- GRANIX SOLUTION PREFILLED SYRINGE 300 MCG/0.5ML SUBCUTANEOUS
- GRANIX SOLUTION PREFILLED SYRINGE 480 MCG/0.8ML SUBCUTANEOUS
- NEUPOGEN SOLUTION 300 MCG/ML INJECTION
- NEUPOGEN SOLUTION 480 MCG/1.6ML INJECTION
- NEUPOGEN SOLUTION PREFILLED SYRINGE 300 MCG/0.5ML INJECTION
- NEUPOGEN SOLUTION PREFILLED SYRINGE 480 MCG/0.8ML INJECTION
- NIVESTYM SOLUTION PREFILLED SYRINGE 300 MCG/0.5ML INJECTION
- NIVESTYM SOLUTION PREFILLED SYRINGE 480 MCG/0.8ML INJECTION

Details

Criteria	Trial of Zarxio
----------	-----------------

INHALED CORTICOSTEROID - sCORE

Products Affected

- QVAR REDIHALER AEROSOL BREATH ACTIVATED 40 MCG/ACT INHALATION
- QVAR REDIHALER AEROSOL BREATH ACTIVATED 80 MCG/ACT INHALATION

Details

Criteria	Trial of: Arnuity Ellipta and either Flovent Diskus or Flovent HFA
----------	--

LEUKOTRIENE MODIFIERS - sCORE

Products Affected

- *zileuton er tablet extended release 12 hour 600 mg oral*
- ZYFLO TABLET 600 MG ORAL

Details

Criteria	Trial of generic montelukast or generic zafirlukast
----------	---

NAMZARIC - sCORE

Products Affected

- NAMZARIC CAPSULE ER 24 HOUR THERAPY PACK 7 & 14 & 21 & 28 -10 MG ORAL
- NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 14-10 MG ORAL
- NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 21-10 MG ORAL
- NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 28-10 MG ORAL
- NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 7-10 MG ORAL

Details

Details	
Criteria	Trial of generic memantine extended-release

Overactive Bladder Therapy - sCORE

Products Affected

- TOVIAZ TABLET EXTENDED RELEASE 24 HOUR 4 MG ORAL
- TOVIAZ TABLET EXTENDED RELEASE 24 HOUR 8 MG ORAL

Details

Criteria	Trial of Myrbetriq and one of the following: generic darifenacin ER, generic oxybutynin ER, generic solifenacin, generic tolterodine ER, generic trospium ER
-----------------	--

PD AGENTS - sCORE

Products Affected

- NEUPRO PATCH 24 HOUR 1 MG/24HR TRANSDERMAL
- NEUPRO PATCH 24 HOUR 2 MG/24HR TRANSDERMAL
- NEUPRO PATCH 24 HOUR 3 MG/24HR TRANSDERMAL
- NEUPRO PATCH 24 HOUR 4 MG/24HR TRANSDERMAL
- NEUPRO PATCH 24 HOUR 6 MG/24HR TRANSDERMAL
- NEUPRO PATCH 24 HOUR 8 MG/24HR TRANSDERMAL

Details

Criteria	Trial of one of the following generic formulary dopamine agonist agent: pramipexole, ropinirole
-----------------	---

RELISTOR - sCORE

Products Affected

- RELISTOR SOLUTION 12 MG/0.6ML SUBCUTANEOUS
- RELISTOR SOLUTION 12 MG/0.6ML SUBCUTANEOUS (0.6ML SYRINGE)
- RELISTOR SOLUTION 8 MG/0.4ML SUBCUTANEOUS
- RELISTOR TABLET 150 MG ORAL

Details

Criteria	Pending CMS Review
-----------------	--------------------

RYTARY - sCORE

Products Affected

- RYTARY CAPSULE EXTENDED RELEASE 23.75-95 MG ORAL
- RYTARY CAPSULE EXTENDED RELEASE 36.25-145 MG ORAL
- RYTARY CAPSULE EXTENDED RELEASE 48.75-195 MG ORAL
- RYTARY CAPSULE EXTENDED RELEASE 61.25-245 MG ORAL

Details

Criteria	
	Trial of one generic carbidopa/levodopa containing formulation

Skin Cancer Agents - sCORE

Products Affected

- PICATO GEL 0.015 % EXTERNAL
- PICATO GEL 0.05 % EXTERNAL

Details

Criteria	Trial of any one of the following generics: fluorouracil, imiquimod
-----------------	---

STATINS - sCORE

Products Affected

- LIVALO TABLET 1 MG ORAL
- LIVALO TABLET 2 MG ORAL
- LIVALO TABLET 4 MG ORAL

Details

Criteria	Trial of any one of the following generic formulary HMG-CoA reductase inhibitors (statin): atorvastatin, fluvastatin, lovastatin, pravastatin, rosuvastatin, simvastatin
-----------------	--

Index of Drugs

A

APLENZIN TABLET EXTENDED RELEASE 24 HOUR 174 MG ORAL.....	1
APLENZIN TABLET EXTENDED RELEASE 24 HOUR 348 MG ORAL.....	1
APLENZIN TABLET EXTENDED RELEASE 24 HOUR 522 MG ORAL.....	1
ARCAPTA NEOHALER CAPSULE 75 MCG INHALATION	2

C

CAPLYTA CAPSULE 42 MG ORAL	3
----------------------------------	---

D

DESVENLAFAXINE ER TABLET EXTENDED RELEASE 24 HOUR 100 MG ORAL	1
DESVENLAFAXINE ER TABLET EXTENDED RELEASE 24 HOUR 50 MG ORAL	1

E

EMSAM PATCH 24 HOUR 12 MG/24HR TRANSDERMAL.....	1
EMSAM PATCH 24 HOUR 6 MG/24HR TRANSDERMAL.....	1
EMSAM PATCH 24 HOUR 9 MG/24HR TRANSDERMAL.....	1

F

FANAPT TABLET 1 MG ORAL.....	3
FANAPT TABLET 10 MG ORAL.....	3
FANAPT TABLET 12 MG ORAL.....	3
FANAPT TABLET 2 MG ORAL.....	3
FANAPT TABLET 4 MG ORAL.....	3
FANAPT TABLET 6 MG ORAL.....	3
FANAPT TABLET 8 MG ORAL.....	3
FANAPT TITRATION PACK TABLET 1 & 2 & 4 & 6 MG ORAL.....	3
FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 120 MG ORAL	1
FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 20 MG ORAL	1
FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 40 MG ORAL	1
FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 80 MG ORAL	1
FETZIMA TITRATION CAPSULE ER 24 HOUR THERAPY PACK 20 & 40 MG ORAL	1

G

GRANIX SOLUTION 300 MCG/ML SUBCUTANEOUS	4
--	---

GRANIX SOLUTION 480 MCG/1.6ML SUBCUTANEOUS.....	4
GRANIX SOLUTION PREFILLED SYRINGE 300 MCG/0.5ML SUBCUTANEOUS.....	4
GRANIX SOLUTION PREFILLED SYRINGE 480 MCG/0.8ML SUBCUTANEOUS.....	4

L

LIVALO TABLET 1 MG ORAL.....	13
LIVALO TABLET 2 MG ORAL.....	13
LIVALO TABLET 4 MG ORAL.....	13

N

NAMZARIC CAPSULE ER 24 HOUR THERAPY PACK 7 & 14 & 21 & 28 -10 MG ORAL	7
NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 14-10 MG ORAL...7	7
NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 21-10 MG ORAL...7	7
NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 28-10 MG ORAL...7	7
NAMZARIC CAPSULE EXTENDED RELEASE 24 HOUR 7-10 MG ORAL.....7	7
NEUPOGEN SOLUTION 300 MCG/ML INJECTION.....	4
NEUPOGEN SOLUTION 480 MCG/1.6ML INJECTION.....	4
NEUPOGEN SOLUTION PREFILLED SYRINGE 300 MCG/0.5ML INJECTION	4
NEUPOGEN SOLUTION PREFILLED SYRINGE 480 MCG/0.8ML INJECTION	4
NEUPRO PATCH 24 HOUR 1 MG/24HR TRANSDERMAL.....	9
NEUPRO PATCH 24 HOUR 2 MG/24HR TRANSDERMAL.....	9
NEUPRO PATCH 24 HOUR 3 MG/24HR TRANSDERMAL.....	9
NEUPRO PATCH 24 HOUR 4 MG/24HR TRANSDERMAL.....	9
NEUPRO PATCH 24 HOUR 6 MG/24HR TRANSDERMAL.....	9
NEUPRO PATCH 24 HOUR 8 MG/24HR TRANSDERMAL.....	9
NIVESTYM SOLUTION PREFILLED SYRINGE 300 MCG/0.5ML INJECTION	4
NIVESTYM SOLUTION PREFILLED SYRINGE 480 MCG/0.8ML INJECTION	4

P	
PICATO GEL 0.015 % EXTERNAL	12
PICATO GEL 0.05 % EXTERNAL	12
Q	
QVAR REDIHALER AEROSOL BREATH ACTIVATED 40 MCG/ACT INHALATION	5
QVAR REDIHALER AEROSOL BREATH ACTIVATED 80 MCG/ACT INHALATION	5
R	
RELISTOR SOLUTION 12 MG/0.6ML SUBCUTANEOUS	10
RELISTOR SOLUTION 12 MG/0.6ML SUBCUTANEOUS (0.6ML SYRINGE). 10	
RELISTOR SOLUTION 8 MG/0.4ML SUBCUTANEOUS	10
RELISTOR TABLET 150 MG ORAL.....	10
RYTARY CAPSULE EXTENDED RELEASE 23.75-95 MG ORAL	11

RYTARY CAPSULE EXTENDED RELEASE 36.25-145 MG ORAL	11
RYTARY CAPSULE EXTENDED RELEASE 48.75-195 MG ORAL	11
RYTARY CAPSULE EXTENDED RELEASE 61.25-245 MG ORAL	11
T	
TOVIAZ TABLET EXTENDED RELEASE 24 HOUR 4 MG ORAL.....	8
TOVIAZ TABLET EXTENDED RELEASE 24 HOUR 8 MG ORAL.....	8
V	
VRAYLAR CAPSULE 1.5 MG ORAL	3
VRAYLAR CAPSULE 3 MG ORAL	3
VRAYLAR CAPSULE 4.5 MG ORAL	3
VRAYLAR CAPSULE 6 MG ORAL	3
Z	
zileuton er tablet extended release 12 hour 600 mg oral.....	6
ZYFLO TABLET 600 MG ORAL	6