



Summary of Benefits

Lake | Marion | Sumter

Lake | Marion | Sumter

029 Advantage Care by Ultimate (HMO C-SNP) 023 Advantage Care COPD by Ultimate (HMO C-SNP)



About Ultimate Health Plans

Ultimate Health Plans is a local Medicare Advantage plan based in Spring Hill, Florida. We proudly service the counties of Citrus, Hernando, Hillsborough, Indian River, Lake, Manatee, Marion, Orange, Osceola, Pasco, Pinellas, Polk, Sarasota, Seminole, St. Lucie, and Sumter.

Our mission is to provide all members with the highest quality healthcare with access to highly qualified physicians. We hold ourselves accountable for treating our members with dignity and respect, providing world-class customer service, and recognizing our commitment to the community as a local corporation.

About this Booklet

This booklet provides you with a summary of costs and benefits covered by our Advantage Care by Ultimate (HMO C-SNP) and Advantage Care COPD by Ultimate (HMO C-SNP) plans. It does not list every service covered by the plan or list every limitation or exclusion. For a complete list of services we cover, please refer to the plan's Evidence of Coverage (EOC) on our website at www.ChooseUltimate.com, or call us at 1-855-858-7526 (TTY 711) and we will mail you a copy. We are available from 8:00 am to 8:00 pm, Monday through Friday. Between October 1 and March 31, we are available Monday through Sunday from 8:00 am to 8:00 pm.

Ultimate Plan Types

Medicare Health Maintenance Organization (HMO): A Medicare Advantage Plan that provides all Original Medicare Part A and Part B health coverage. Generally, you can only get your care from doctors or hospitals in the plan's network (except in emergencies).

Medicare HMO Special Needs Plan (HMO SNP): An HMO Medicare Advantage Plan that has a benefit package designed for people with special health care needs. Examples of the specific groups served include people who have both Medicare and Medicaid, people who reside in nursing homes, and people who have certain chronic medical conditions.

Who can join?

To join our plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, be diagnosed with a qualifying chronic condition, and live in the plan's service area.

Which doctors, hospitals, and pharmacies can I use?

We have a network of doctors, hospitals, pharmacies, and other providers. Except in an emergency, you must use in-network providers and pharmacies. If you use providers that are not in our network, the plan may not pay for these services. You can view our plan's Provider and Pharmacy Directory on our website at www.ChooseUltimate.com or call us at 1-855-858-7526 (TTY 711) and we will mail you a copy.

Does this plan cover my Prescription Drugs?

To find out what drugs we cover and any restrictions, view our plan's List of Covered Drugs (also called the Formulary) on our website at www.ChooseUltimate.com or call us at 1-855-858-7526 (TTY 711), and we will mail you a copy.

Important Message About What You Pay for Vaccines - Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

Important Message About What You Pay for Insulin - You won't pay more than \$10 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

How do I learn more about Original Medicare?

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

> Ultimate Health Plans is an HMO with a Medicare contract and is contracted with the Florida State Medicaid program for Dual Special Needs Plans. Enrollment in Ultimate Health Plans depends on contract renewal.

Plan Name	Advantage Care by Ultimate (HMO C-SNP) 029
Service Area	Lake, Marion, Sumter
Special Needs Plan Eligibility Criteria	Diagnosed with Diabetes, Cardiovascular Disorders and/or Chronic Heart Failure

Your Benefits and Cost-Sharing			
Premiums and Benefits	Advantage Care by Ultimate (HMO C-SNP) 029		
Monthly Plan Premium	\$0		
Part B Premium Reduction	\$164.90		
Deductible	This plan does not have a deductible.		
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	\$3,000		
Inpatient Hospital Coverage	\$120 copay per day for days 1 through 5 \$0 copay per day for days 6 through 90		
Outpatient Hospital Coverage	\$150 copay		
Ambulatory Surgery Center (ASC) Services	\$25 copay		
Doctor Visits (Primary Care Providers and Specialists)	Primary Care Providers • \$0 copay Specialists • \$20 copay		

Plan Name	
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Service Area

Special Needs Plan Eligibility Criteria

Y	our Benefits
Advantage Care COPD by Ultima 023	te (HMO C-SNP
\$0	
\$164.90	
This plan does not have a deductible	
\$2,600	
\$115 copay per day for days 1 throu	gh 5
	-
50 copay per day for days 6 through	90
\$150 copay	
\$25 copay	
Primary Care Providers	
• \$0 copay	
Specialists • \$20 copay	
- Jeu luhay	

Advantage Care COPD by Ultimate (HMO C-SNP) 023

Lake, Marion, Sumter

Diagnosed with Chronic Lung Disorders

s and Cost-Sharing

What You Need to Know
You must continue to pay your Medicare Part B Premium.
This amount is the most you'll pay for copays, coinsurance, and other costs for in-network medical services for the year. It does not include prescription drug costs, health expenses incurred during foreign travel, or supplemental benefit costs.
Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital. A prior authorization is required for some services.
A prior authorization is required for some services.
A referral and prior authorization may be required for some services.
A referral or prior authorization is required for some services.
A separate copay may apply for each additional service received at an office visit.

Your Benefits and Cost-Sharing		
Premiums and Benefits	Advantage Care by Ultimate (HMO C-SNP) 029	
Preventive Care	\$0 copay	
Emergency Care	In the United States • \$75 copay Worldwide • \$100 copay	
Urgently Needed Services	\$10 copay	
 Diagnostic Services, Labs, and Imaging at a Free- standing Facility or in an Office Lab services Outpatient x-rays Diagnostic tests and procedures Diagnostic radiological services 	Lab Services and X-Rays • 20% coinsurance for Genetic Testing • \$0 copay for all other labs and x-rays Diagnostic Tests and Procedures • \$0 copay for Colonoscopy, Endoscopy and other diagnostic, "scopic" procedures, Pulmonary Function Tests, Thyroid Function Tests • \$50 copay for Sleep Studies, Psychological Tests Diagnostic Radiological Services • \$0 copay for Ultrasounds and Echocardiography • \$25 copay for Stress, Nerve Conduction, CT, MRI • \$75 copay for CTA, MRA, PET, SPECT, other nuclear medicine tests	
Diagnostic Services, Labs, and Imaging at an Outpatient Hospital • Lab services • Outpatient x-rays • Diagnostic tests and procedures • Diagnostic radiological services	Lab Services and X-Rays • 20% coinsurance for Genetic Testing • \$150 copay for all other labs and x-rays Diagnostic Tests and Procedures • \$150 copay for Colonoscopy, Endoscopy and other diagnostic, "scopic" procedures, Pulmonary Function Tests, Thyroid Function Tests • \$150 copay for Sleep Studies, Psychological Tests Diagnostic Radiological Services • \$150 copay for Ultrasounds and Echocardiography • \$150 copay for Stress, Nerve Conduction, CT, MRI • \$150 copay for CTA, MRA, PET, SPECT, other nuclear medicine tests	

Advantage Care COPD by Ultimate (HMO C-SNP) 023 \$0 copay In the United States • \$50 copay Worldwide • \$100 copay \$10 copay Lab Services and X-Rays • 20% coinsurance for Genetic Testing • **\$0 copay** for all other labs and x-rays **Diagnostic Tests and Procedures** • **\$0 copay** for Colonoscopy, Endoscopy and other diagnostic, "scopic" procedures, Pulmonary Function Tests, Thyroid Function Tests • \$50 copay for Sleep Studies, Psychological Tests **Diagnostic Radiological** Services • **\$0 copay** for Ultrasounds and Echocardiography • \$25 copay for Stress, Nerve Conduction, CT, MRI • \$75 copay for CTA, MRA, PET, SPECT, other nuclear medicine tests Lab Services and X-Rays • 20% coinsurance for Genetic Testing • **\$150 copay** for all other labs and x-rays **Diagnostic Tests and** Procedures • \$150 copay for Colonoscopy, Endoscopy and other diagnostic, "scopic" procedures, Pulmonary Function Tests, Thyroid Function Tests • **\$150 copay** for Sleep Studies, Psychological Tests **Diagnostic Radiological** Services

- **\$150 copay** for Ultrasounds and Echocardiography
- \$150 copay for Stress, Nerve Conduction, CT, MRI

• **\$150 copay** for CTA, MRA, PET, SPECT, other nuclear medicine tests

Your Benefits and Cost-Sharing

What You Need to Know

Any additional preventive services approved by Medicare during the contract year will be covered. A referral or prior authorization is required for some services.

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for emergency care in the U.S. and its territories. We pay up to **\$50,000** for covered emergency services received outside the U.S. and its territories.

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for urgently needed services.

A prior authorization is required for some services. All services performed at an outpatient hospital facility are subject to the outpatient hospital copayment.

A prior authorization is required for some services. All services performed at an outpatient hospital facility are subject to the outpatient hospital copayment.

Tour Denents and Cost-Sharing		
Premiums and Benefits	Advantage Care by Ultimate (HMO C-SNP) 029	
Hearing Services	 \$0 copay for Routine hearing exam (1 every year) Hearing aid fitting and evaluation (1 every year) Hearing aids Our plan pays up to \$2,000 (\$1,000 per hearing aid, per ear) every year. 	
 Dental Services Preventive dental services Comprehensive dental services Medicare-covered non-routine dental services 	 \$0 copay for 1 oral evaluation every 6 months 1 cleaning every 6 months 1 fluoride treatment every 6 months 2 dental x-rays every year 1 comprehensive oral exam every 3 years 4 fillings per year 1 crown per year 4 periodontal scaling and root planing procedures per quadrant per year (deep cleaning) 2 periodontal maintenance procedures following active surgery per year 1 simple extraction per year 1 simple extraction per year 1 noot canal per year 1 root canal per year 2 complete denture, maxillary or mandibular Maxillary or mandibular partial denture, cast metal, resin base Maxillary or mandibular partial denture, flexible base Maxillary or mandibular denture reline (1 per year) 	

Advantage Care COPD by Ultimate (HMO C-SNP) 023	What You Need to Know
D copay for Routine hearing exam (1 every year) Hearing aid fitting and evaluation (1 every year) Hearing aids ur plan pays up to \$2,000 (\$1,000 per hearing aid, per ar) every year.	Services must be rendered by a participating provider in the Plan's hearing vendor network. Members will be provided a selection of manufacturers of hearing aids from which to choose.
	 X-rays may include: Intraoral, periapical first radiographic image Intraoral, periapical each additional radiographic image Bitewing, single radiographic image, or Bitewings, two, three or four radiographic images Intraoral, complete series of radiographic images Intraoral, complete series of radiographic images Panoramic radiographic images covered 1 every 3 years Panoramic radiographic images covered 1 every 3 years Fillings may include: Amalgam, one or more surfaces, primary or permanent Resin-based composite, one to three surfaces, anterior, four or more surfaces, involving incisal angle Resin-based composite, one or more surfaces, posterior Simple extractions may include: Extraction, erupted tooth, or exposed root Extraction, erupted tooth requiring removal of bone and/or sectioning of tooth Surgical extractions may include: Removal of residual tooth roots (cutting procedure) Additional Coverage: Medically necessary nonroutine dental services, as covered by Original Medicare Necessary anesthesia with covered service
Maxillary or mandibular partial denture, flexible base Maxillary or mandibular denture reline (1 per year)	 Medically necessary nonroutic covered by Original Medicare Necessary anesthesia with covered by Covered

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Your Benefits and Cost-Sharing

Premiums and Benefits	Advantage Care by Ultimate (HMO C-SNP) 029
 Vision Services Eye exams Eyewear and Contact Lenses 	 Our plan covers 1 routine eye exam per year Exam(s) to diagnose and treat diseases and conditions of the eye
	 \$0 copay for Exam with an Optometrist \$0 copay for Exam with an Ophthalmologist
	Our plan provides a yearly benefit limit of up to a \$200 retail value for eyewear: \$0 copay for • Contact lenses OR • 1 pair of standard single vision, bifocal or trifocal eyeglass lenses AND/OR • 1 eyeglass frame
	Our plan offers the following upgrades per year: \$50 copay for • Standard progressive lenses
	 \$40 copay for 1 additional pair of prescription sunglasses from a set selection with polarized (grey or brown) lenses OR \$30 copay for Photochromic lenses
	 Post-cataract surgery benefits include: 1 frame from a set selection of frames AND/OR Standard single vision, bifocal, or trifocal eyeglass lenses Instead of eyewear, you may select contact lenses up
	to the yearly benefit limit

		Your Benefits a
ate (HMO C-SNP)	Ad	vantage Care COPD by Ultimate (HMO C-SNP) 023
diseases and conditions	• 1 rou	an covers utine eye exam per year n(s) to diagnose and treat diseases and conditions eye
	\$0 cop	with an Optometrist
fit limit of up to a \$200	retail \$0 cop	
bifocal or trifocal	• 1 pai eyegla	act lenses OR r of standard single vision, bifocal or trifocal ss lenses AND/OR eglass frame
grades per year:	\$50 co	an offers the following upgrades per year: pay for dard progressive lenses
n sunglasses from a set brown) lenses OR	• 1 ad selecti \$30 co	pay for ditional pair of prescription sunglasses from a set on with polarized (grey or brown) lenses OR pay for ochromic lenses
r clude: frames AND/OR or trifocal eyeglass	• 1 fra	ataract surgery benefits include: me from a set selection of frames AND/OR dard single vision, bifocal, or trifocal eyeglass
elect contact lenses up	• Inste	ad of eyewear, you may select contact lenses up yearly benefit limit

Benefits and Cost-Sharing

	What You Need to Know
ons	 The per-year benefit amount may be applied to lenses only, frame only, or to both. Standard eyeglass lenses include: Single Vision, Bifocal (FT 28) or Trifocal (7X28) lenses The upgrade to progressive lenses does not impact the per-year limit on eyewear. The additional prescription sunglasses benefit is in addition to and does not impact the per-year
00	benefit limit on eyewear. This benefit may be utilized once per year.
	 Additional Prescription Sunglasses OR Photochromic Lenses benefit allows: Option to select Prescription Sunglasses with Polarized (Grey or Brown) Lenses from a special frame selection OR Photochromic Lenses. Contact lens fitting is not a covered benefit.
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	nts and Cost-Sharing	four benefits a
Premiums and Benefits	Advantage Care by Ultimate (HMO C-SNP) 029	Advantage Care COPD by Ultimate (HMO C-SNP) 023
 Mental Health Services Inpatient hospital stay Outpatient group therapy visits Outpatient individual therapy visits 	 \$120 copay per day for days 1 through 5 \$0 copay per day for days 6 through 90 \$10 copay for group therapy visits \$20 copay for individual therapy visits 	 \$115 copay per day for days 1 through 5 \$0 copay per day for days 6 through 90 \$10 copay for group therapy visits \$20 copay for individual therapy visits
Skilled Nursing Facility (SNF)	\$0 copay per day for days 1 through 20 \$150 copay per day for days 21 through 38 \$0 copay per day for days 39 through 100	\$0 copay per day for days 1 through 20 \$150 copay per day for days 21 through 38 \$0 copay per day for days 39 through 100
 Physical Therapy Physical therapy visit Speech-language pathology services Occupational therapy visit 	 \$20 copay per visit Physical therapy Speech-language pathology \$0 copay per visit Occupational therapy 	 \$30 copay per visit Physical therapy Speech-language pathology \$30 copay per visit Occupational therapy
Ambulance	 \$150 copay for Medicare-covered one-way ground ambulance benefit 20% coinsurance for Medicare-covered one-way air ambulance benefit 	 \$150 copay for Medicare-covered one-way ground ambulance benefit 20% coinsurance for Medicare-covered one-way air ambulance benefit
Transportation	\$0 copay for unlimited trips	\$0 copay for unlimited trips



Your Benefits and Cost-Sharing

What You Need to Know
Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital. A referral or prior authorization is required for some services.
Our plan covers up to 100 days in a SNF. The copays for Skilled Nursing Facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any skilled care in a SNF for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period begins. There's no limit to the number of benefit periods. A referral or prior authorization is required for some services.
Services performed at an outpatient hospital facility are subject to the outpatient hospital copayment. A referral or prior authorization may be required for some services.
Except in an emergency, this service may require prior authorization.
Our plan covers health-related transports to any plan approved location. Please call 855-306-0700 (TTY 711) 72 hours in advance to schedule your trip. Please have the following information readily available if applicable: • Appointment or expected arrival date and time • Address of destination • Destination phone number • If visiting a provider, the name of physician or practitioner

Your Benefits	s and Cost-Sharing
Premiums and Benefits	Advantage Care by Ultimate (HMO C-SNP) 029
Medicare Part B Drugs	 20% coinsurance for Medicare Part B chemotherapy drugs Part B medications and contrast agents injected during a service Other Part B drugs
Foot Care (podiatry services) Medicare-covered foot exams and treatment	\$20 copay
 Wellness Program SilverSneakers[®] Fitness Program Health Education Additional Smoking and Tobacco Use Cessation 	\$0 copay
Over-the-Counter (OTC)	Up to \$75 every month
In-Home Support Service • Papa Pals	\$0 copay for companion and caregiver support services
Special Supplemental Benefits for the Chronically III • Ultimate Benefit Card	Up to \$75 every month
Meal Benefits	\$0 copay
 Medical Equipment/Supplies Durable Medical Equipment (e.g., wheelchairs, oxygen) Prosthetics (e.g., braces, artificial limbs) Diabetic supplies 	 20% coinsurance for Durable Medical Equipment (DME) Prosthetics 10% coinsurance for Standard Doctor-Ordered Wheelchairs \$0 copay for Diabetes monitoring supplies \$0 copay for Diabetes self-management training \$0 copay for Diabetic shoes

	Tour benefits a
Advantage Care	COPD by Ultimate (HMO C-SNP) 023
 20% coinsurance for Medicare Part B ch Part B medications during a service Other Part B drugs 	emotherapy drugs and contrast agents injected
\$20 copay	
\$0 copay	
Up to \$75 every mo	nth
\$0 copay for compar	nion and caregiver support services
Up to \$75 every mo	nth
\$0 copay	
 20% coinsurance for Durable Medical Ed Prosthetics 0% coinsurance for Oxygen \$0 copay for Diabetes monitorin \$0 copay for Diabetes self-mana \$0 copay for Diabetic shoes 	quipment (DME) ng supplies

Your Benefits and Cost-Sharing

)	What You Need to Know			
	The applicable specialist copay applies when provided during a Physician/Specialist office visit.			
	A referral or prior authorization is required for some services.			
	A referral is required.			
	The benefit amount does not roll over from month to month.			
ces	Services include but are not limited to companionship, house tasks, transportation, and help with technology.			
	Please call 888-884-3614 (TTY 711) for assistance.			
	Monthly allowance to spend at participating retailers towards the purchase of healthy foods such as vegetables, fruit, bread, rice, milk, and more. Some restrictions may apply. The benefit amount does not roll-over from month to month. To be eligible, you must have a qualifying chronic condition.			
	After an inpatient discharge to home, receive a maximum of 14 meals for a 1 week period. This benefit does not have a yearly maximum.			
	Authorization is required for some services.			

Outpatient Prescription Drugs

How do I determine my Prescription Drug cost?

Our plan groups each medication into one of 5 "Tiers." You will need to use our plan's Formulary to locate what Tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's Tier and what Stage of the benefit you have reached. To find out what drugs we cover, you can see our complete drug list and any restrictions or limitations on our website at www.ChooseUltimate.com or call us, and we will send you a copy of the drug list. The Formulary may change at any time. You will receive notice when necessary.

How do I know how much I pay in each stage?

What you pay for a drug depends on which "drug payment stage" you are in when you get the drug. Because these plans do not have a deductible, you begin in the Initial Coverage stage. During this stage, our plan also covers select insulins. You pay a \$10 copay for a one-month supply of select insulins. To find out which drugs are select insulins, review our plan's drug list (also called the formulary).

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$4,660. Not everyone will enter the coverage gap. If you enter the coverage gap, our plans continue to cover drugs in Tier 1 Generic and Tier 5 Select Care Drugs. For drugs in Tier 1 and 5 you pay the copay amounts shown in the prescription drug chart. Additionally, during the coverage gap stage, your out-of-pocket costs for a one-month supply of select insulins will be **\$10**.

For covered brand name drugs, you pay 25% of the price (plus a portion of the dispensing fee) while in the coverage gap. You stay in the coverage gap stage until your costs total \$7,400, which is the end of the coverage gap and the beginning of the catastrophic coverage stage, during which the plan pays most of the cost for your drugs.

Cost-Sharing may change depending on the pharmacy you choose (i.e., network, out of network, mail order, long-term care, home infusion, etc.), the day's supply (i.e., 30 days or 90 days), and when you enter another stage of the Part D benefit. If you reside in a Long-Term Care (LTC) facility and use an LTC pharmacy, you pay the same as at a retail pharmacy. You may get drugs from an out-of-network pharmacy but may pay more than you pay at an in-network pharmacy. For more information on the additional pharmacy-specific cost-sharing and the stages of the benefit, please call us or access the plan's Evidence of Coverage online.

Save even more with MAIL ORDER

You can save more by using Ultimate Health Plans' Mail Order Pharmacy Service! You'll receive a three-month supply of medication delivered straight to your door and pay the same copay that you would normally pay for a two-month supply at your local pharmacy.

Plans		Advantage Care by Ultimate (HMO C-SNP) 029 Advantage Care COPD by Ultimate (HMO C-SNP) 023						
Cost-Sharing Tier	Copay or coinsurance for a 30-day supply at Retail Pharmacy		Copay or coinsurance for a 90-day supply at Retail Pharmacy	Copay or coinsurance for a 90-day supply at Mail Order Pharmacy	Copay or coinsurance for a 31-day long- term care supply			
Initial Coverage Stage								
Tier 1	Ç	50	\$0	\$0	\$0			
Tier 2	\$20		\$60	\$40	\$20			
Tier 3	\$60		\$180	\$120	\$60			
Tier 4	33% coinsurance		Not Covered	Not Covered	33% coinsurance			
Tier 5 \$10		\$30	\$20	\$10				
Coverage Gap Stage								
Tier 1	Ç	50	\$0	\$0	\$0			
Tier 5	\$	10	\$30	\$20	\$10			

Outpatient Prescription Drugs

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-855-858-7526 (TTY 711).

Understanding the Benefits

The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit www.ChooseUltimate.com or call 1-855-858-7526 (TTY 711) to view a copy of the EOC.

Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.

Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

Review the formulary to make sure your drugs are covered.

Understanding Important Rules

You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.

Benefits, premiums and/or copayments/coinsurance may change on January 1, 2023.

Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).

This plan is a chronic condition special needs plan (C-SNP). Your ability to enroll will be based on verification that you have a qualifying specific severe or disabling chronic condition.

Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.

Notice Informing Individuals About Nondiscrimination and Accessibility **Requirements: Discrimination is Against the Law**

Ultimate Health Plans complies with applicable Federal civil rights laws and does not discriminate, exclude people or treat them differently on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status, or religion in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities. Ultimate Health Plans:

- - o Qualified sign language interpreters
 - formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - o Information written in other languages

If you need these services, contact Ultimate Health Plans Member Services.

If you believe that Ultimate Health Plans has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status, or religion in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities, you can file a grievance with the Ultimate Health Plans Grievance Department. Address: PO Box 6560, Spring Hill, FL 34611. Phone: 1-888-657-4170 (TTY users dial 711). Fax: 1-800-313-2798. Email: GrievanceAndAppeals@ulthp.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, an Ultimate Health Plans Grievance Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue SW Room 509F, HHH Building Washington, DC 20201 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html.

• Provides free aids and services to people with disabilities to communicate effectively with us, such as:

• Written information in other formats (large print, audio, accessible electronic formats, other

Ultimate Health Plans' Multi-Language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-888-657-4170 (TTY: 711). Someone who speaks English or the needed language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-888-657-4170 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务, 帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务, 请致电 1-888-657-4170 (TTY: 711)。我们的中文工作人员很乐意帮助您。 这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-888-657-4170 (TTY: 711)。我們講中文的人員將樂意為您提供幫助。這

是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-888-657-4170 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-888-657-4170 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit. **Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-888-657-4170 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-888-657-4170 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니 다. 통역 서비스를 이용하려면 전화 1-888-657-4170 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자 가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-888-657-4170 (ТТҮ: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic:

اننا نقدم خدمات المترجم الفوري المجانية للإجابة عن اي اسئلة تتعلق بالصحة او جدول الادوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على 1-888-657-4110 (برقياً: 117). سيقوم شخص بمساعدتك. هذه خدمة مجانية ما يتحدث العربية

Hindi: हमारे सवास्थय या दवा योजना के बारे में आपके कोसी भी प्रश्न का उत्तर देने के लीए हमारे पास मुफ्त दुभाषीया सेवाएं है। दुभाषेया परापत करने के लए, बस हमें 1-888-657-4170 (TTY: 711) पर कॉल करें। कोई हदी बोलने वाला आपकी मदद कर सकता है। यह एक नाःशुल्क सेवा है।

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-888-657-4170 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-888-657-4170 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-888-657-4170 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-888-657-4170 (TTY: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、1-888-657-4170 (TTY: 711)にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。

Gujarati: અમારા સવાસ્થ્ય અથવા દવાની યોજના વાશ તમારા કાઈ પણ પ્રશ્નાના જવાબ આપવા માટે અમારા પાસ મકૃત દુભાષચિા સેવાઓ છે. દુભાષચિા મેળવવા માટે, અમને 1-888-657-4170 (TTY: 711) પર કૉલ કરો. ગુજરાતી બોલતી વ્યક્તતિમને મદદ કરી શકે છે. આ એક મફત સેવા છે.

Thai: เรามีบริการล่ามฟรีเพื่อตอบคำถามที่คุณอาจมีเกี่ยวกับสุขภาพหรือแผนยาของเรา หากต้องการล่าม เพียงไทรหาเราที่ 1-888-657-4170 (TTY: 711) คนทีพดภาษาไทยสามารถช่วยคุณได้ นี่เป็นบริการฟรี



To learn more, call 1-855-858-7526 (TTY 711)

October 1 - March 31: Monday - Sunday, 8 a.m. - 8 p.m. April 1 - September 30: Monday - Friday, 8 a.m. - 8 p.m.

Community Outreach Offices



303 SE 17th St, STE 305 Ocala, FL 34471



2713 Forest Rd Spring Hill, FL 34606



4058 Tampa Rd, STE 7 Oldsmar, FL 34677



600 N US Hwy 1, STE A Fort Pierce, FL 34950



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